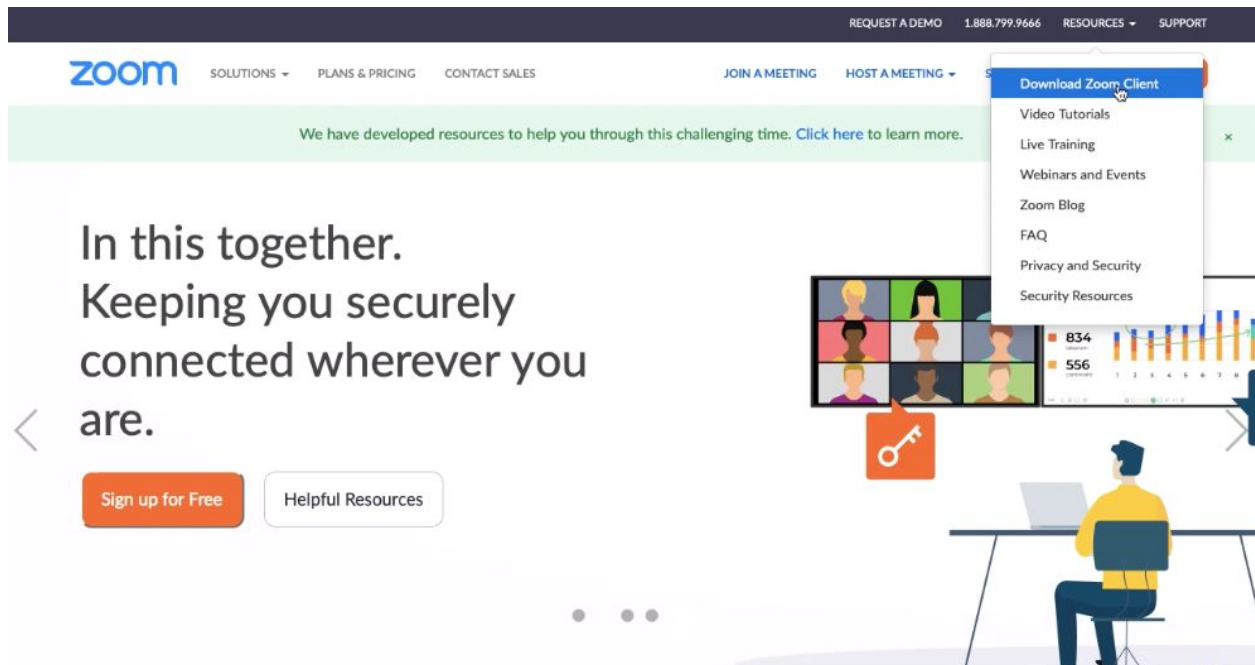
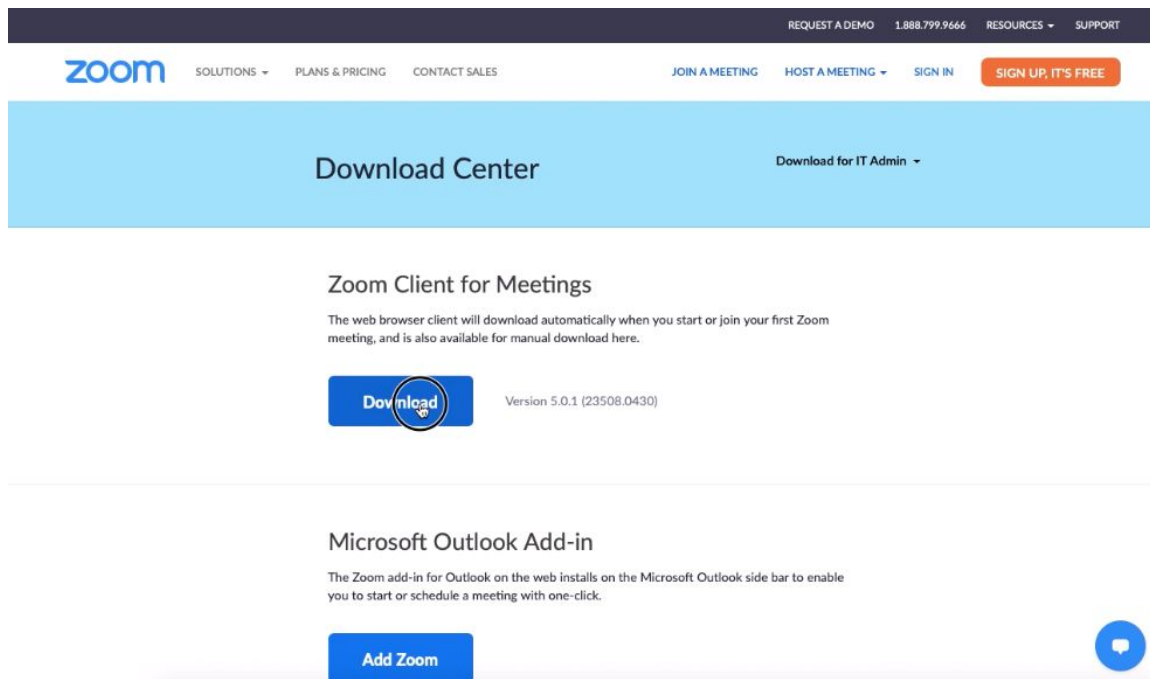


How to Download Zoom:

1. Open your internet browser and go to <https://zoom.us>
2. On the top right hand corner, click on **Resources**, then click on **Download Zoom Client**



3. Under “Zoom Client for Meetings”, click **Download**. Zoom will begin downloading.



4. Open up your downloads and click on the **Zoom.pkg** installer

REQUEST A DEMO1.888.799.9666RESOURCES ▾SUPPORT

zoomSOLUTIONS ▾PLANS & PRICINGCONTACT SALESJOIN A MEETINGHOST A MEETING ▾SIGN INSIGN UP, IT'S FREE

Download CenterDownload for IT Admin ▾

Zoom Client for Meetings

The web browser client will download automatically when you start or join your first Zoom meeting, and is also available for manual download here.

DownloadVersion 5.0.1 (23508.0430)

Microsoft Outlook Add-in

The Zoom add-in for Outlook on the web installs on the Microsoft Outlook side bar to enable you to start or schedule a meeting with one-click.

Add Zoom

Downloads

5. A new window will pop up. Click **Continue**

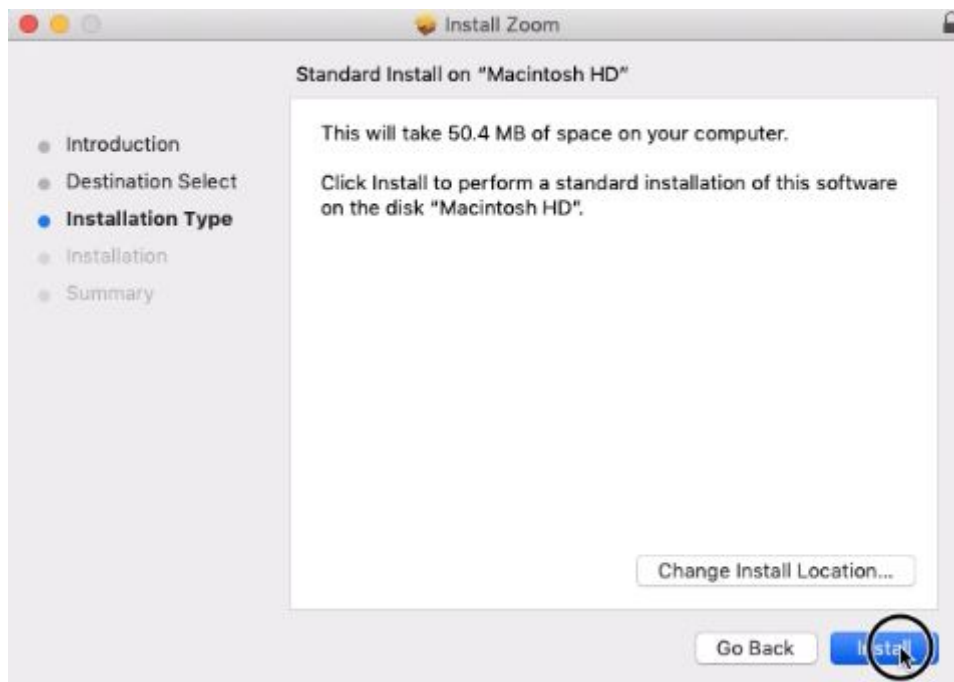
Welcome to the Zoom Installer

Zoom brings people together to connect and get more done in a frictionless, secure video environment. Our easy, reliable, and innovative video-first solutions provide video meetings and chat, with additional options for webinars and phone service. Zoom is the leading meeting platform and helps enterprises, healthcare professionals, schools, and individuals stay connected. Visit blog.zoom.us and follow @zoom_us.

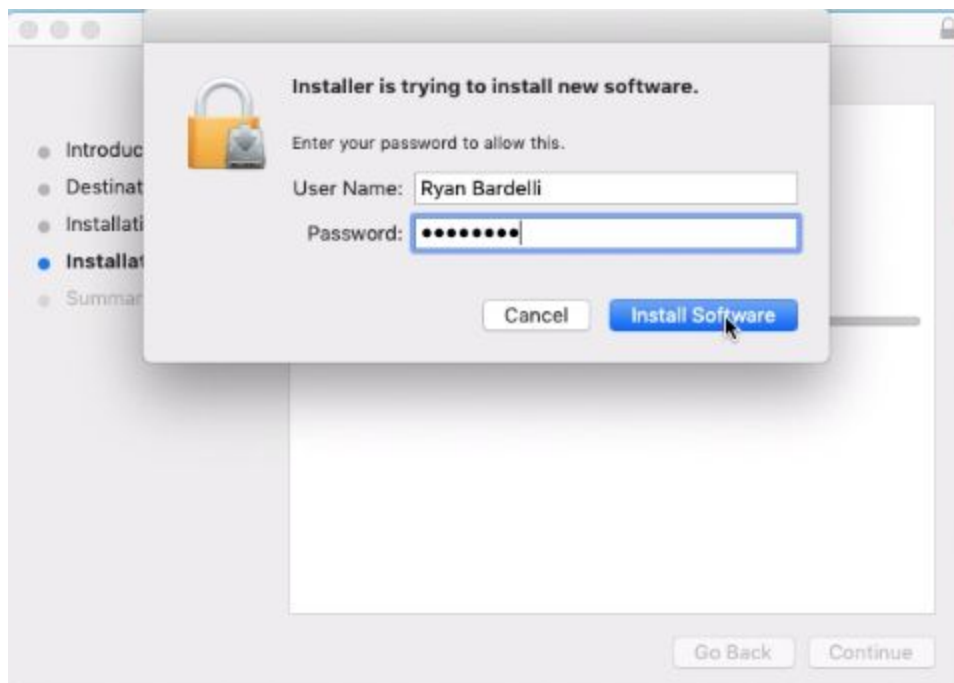
● Introduction
● Destination Select
● Installation Type
● Installation
● Summary

Go Back Continue

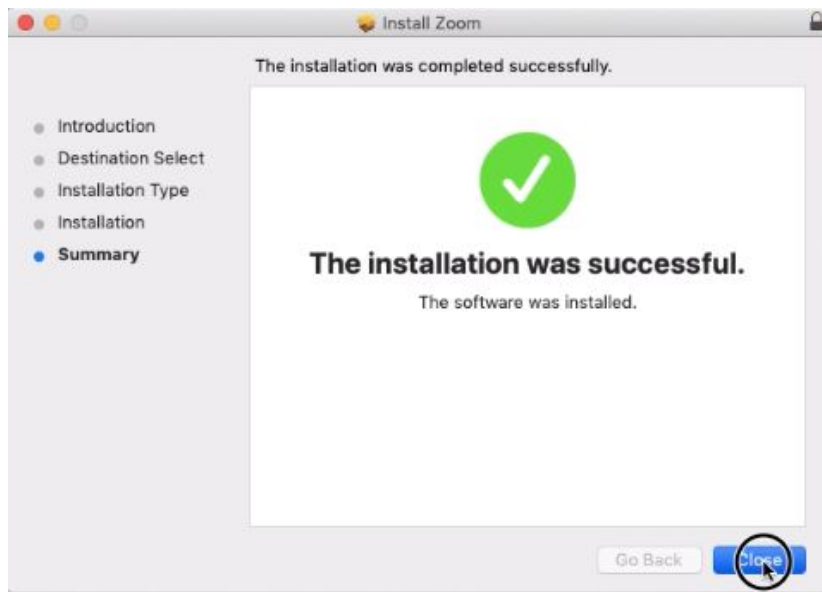
6. Click **Install**



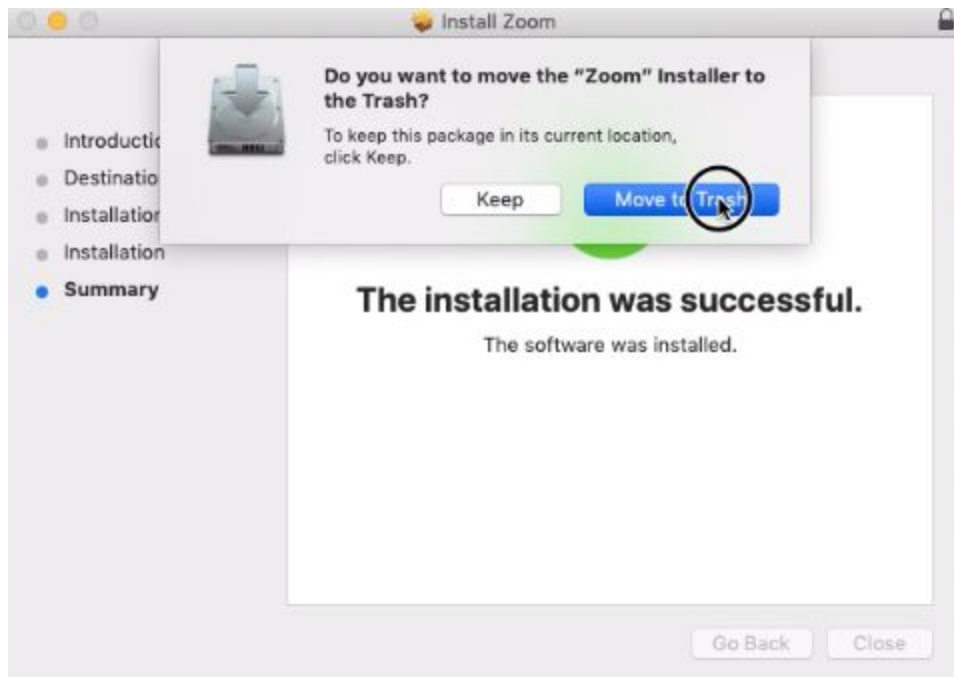
7. If prompted, enter your computer's password, and click **Install Software**



8. At this point your installation is complete. Click **Close**



9. If prompted, you can move the installer into the trash, by clicking **Move to Trash**



10. Congratulations! You have successfully downloaded the Zoom application



zoom

Join a Meeting

Sign In

Version: 5.0.1 (23508.0430)

How to Join a Zoom Meeting:

1. Download the Zoom application. If you have not yet done this, please visit our video or our written guides on how to download Zoom. ([link here](#))
2. Before each telehealth session, your physical therapist will **email** you a Meeting ID.
3. Open up your email to find the **Meeting ID**. Highlight the Meeting ID, right click, and hit **Copy**

★ Catalyst PT and Wellness Telehea... (5 k) < >

"natalie dib" [rnbardell@gmail.com]

Sent: Fri, 10:21 am

To: "nd@catalystptandwellness.com"

Natalie D is inviting you to a scheduled Zoom meeting.

Topic: Catalyst PT and Wellness Telehealth Appointment
Time: May 8, 2020 10:20 AM Pacific Time (US and Canada)

Join Zoom Meeting
<https://us04web.zoom.us/j/75814091802>

Meeting ID: 758 1409

Look Up "758 1409 1802"
Search with Google

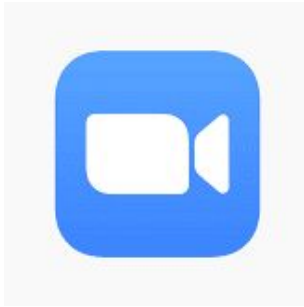
Copy

Share

Speech

Services

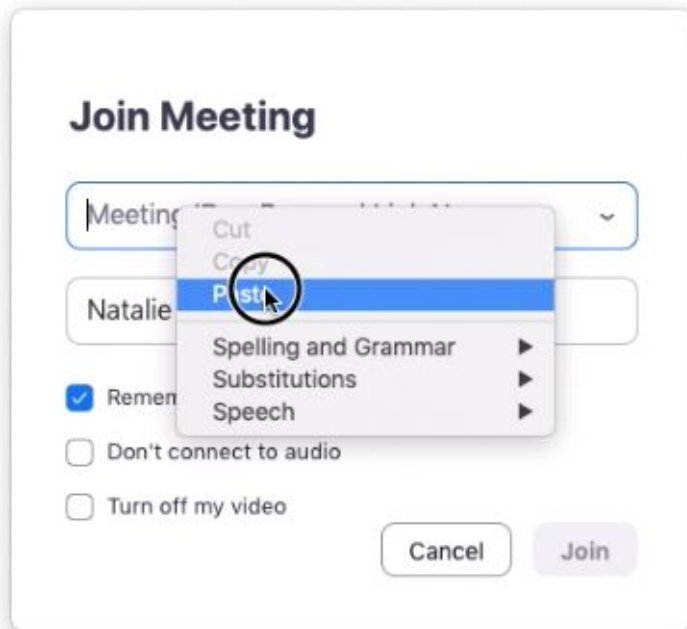
4. Open your Zoom application, by clicking on the icon:



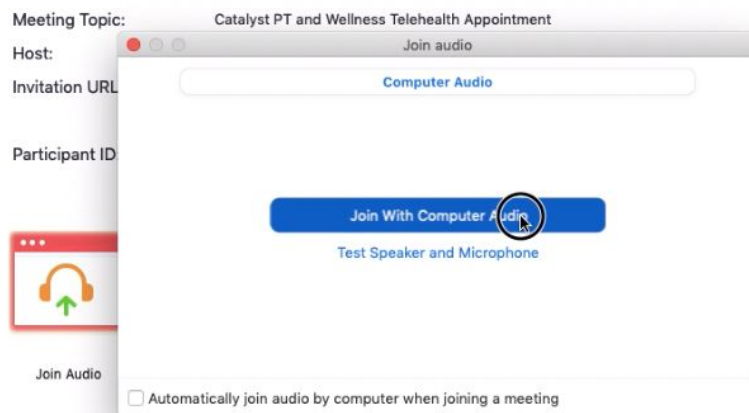
5. The Zoom application will pop up. Click **Join a Meeting**



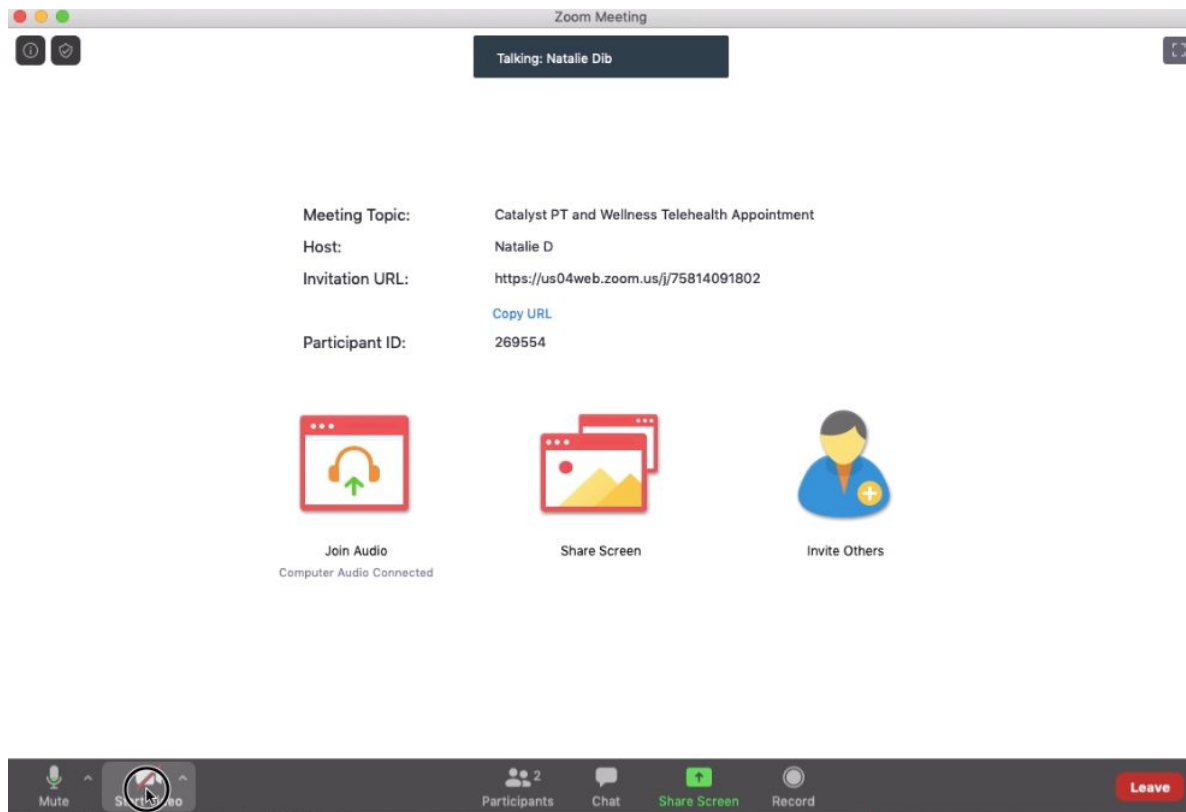
6. You now need to paste the Meeting ID from your email. Right click into the box that says "Meeting ID or Personal Link Name", and click **Paste**. Then click **Join**.



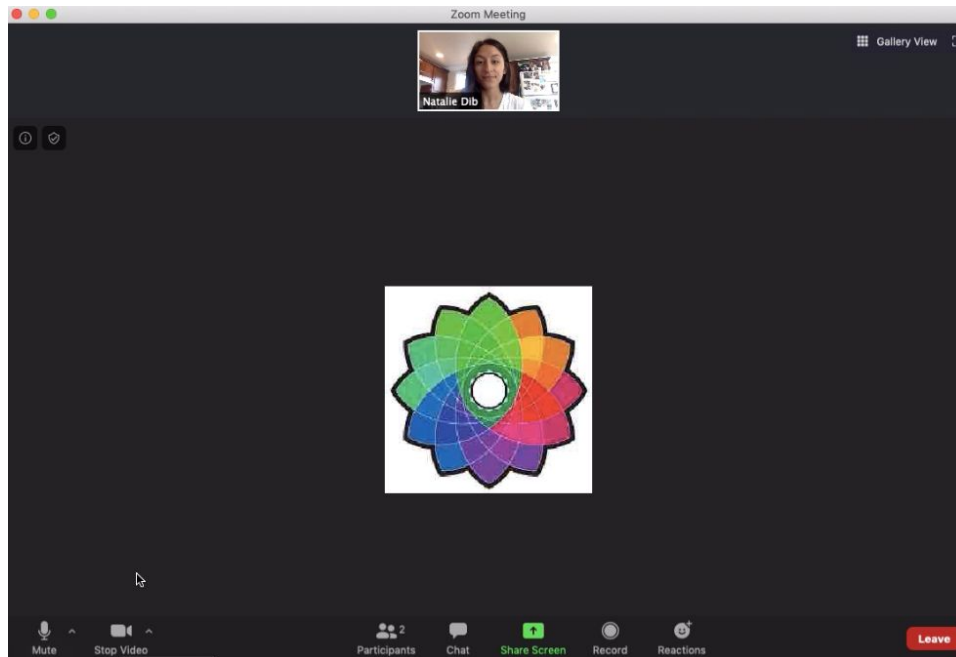
7. Click **Join with Computer Audio**



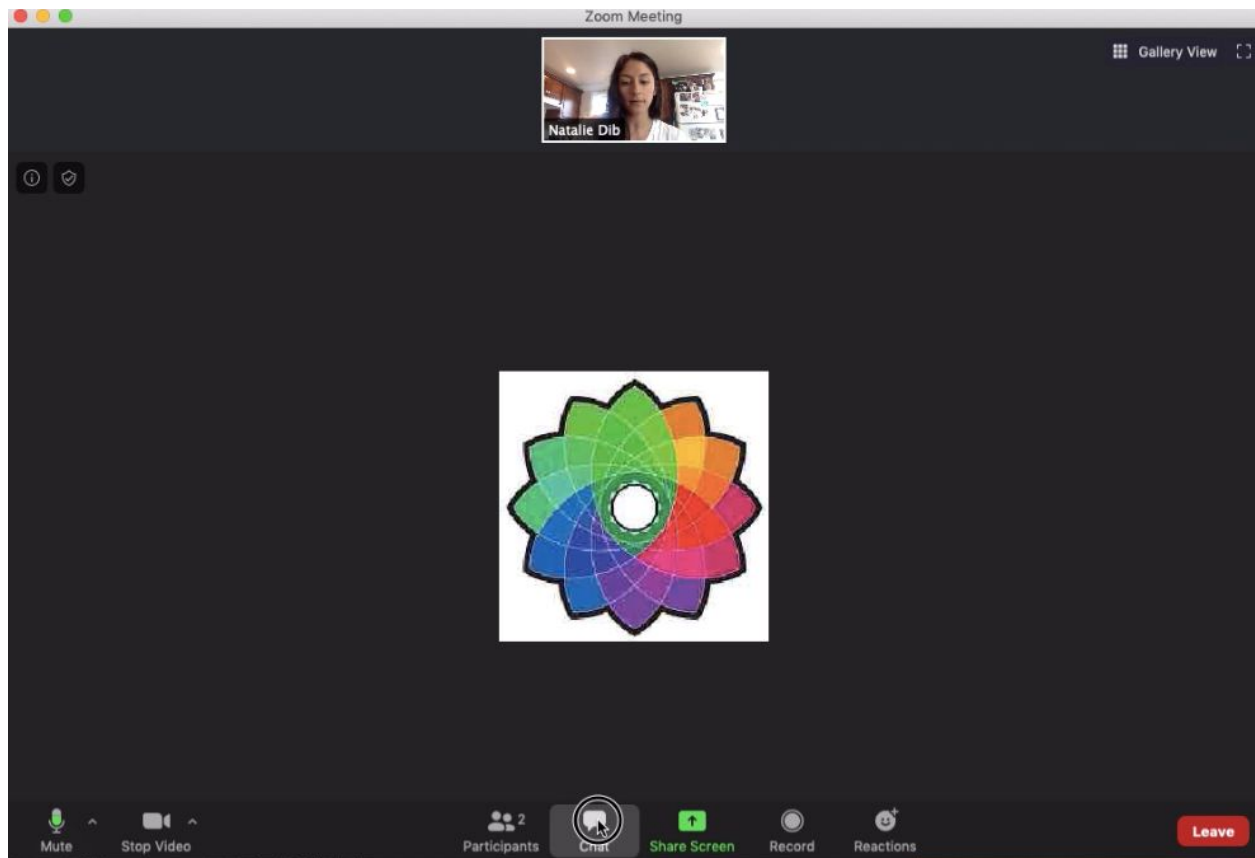
8. In the bottom left hand corner, click **Start Video**



9. You're in! Your own video will show in a small box at the top of your screen, and you will be able to see your therapist at the bottom section of the screen.



10. If you or your therapist have any issues, you can always click “Chat” at the bottom of your screen to message each other.



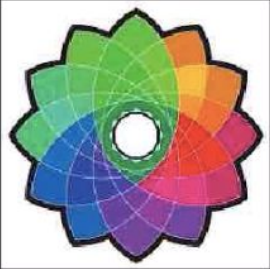
11. When you and your therapist are done with your session, you can click **Leave** on the bottom right hand corner.

Zoom Meeting

Gallery View

Natalie Dib





Mute

Stop Video

Participants

2

Chat

Share Screen

1

Record

Reactions

Levy